



Action Project Reference: 36-02 Organisation: Ministry of Health & Medical Services- Wellness Fiji

# Action Project Proposal:

# "Complete a Wellness Fiji proposal for funding purposes - to help NGOs in seeking funding support"

## Who Is The Ministry of Health & Medical Services?

The Ministry of Health & Medical Services (MoHMS) is the Fijian government sector tasked with national health and wellbeing. There are a number of key focus areas for the MoHMS including tackling non-communicable diseases (NCD), ensuring correct nutrition and ensuring environmental health, to name just a few.

Wellness Fiji was established as a response to Fiji's NCD Crisis. Wellness Fiji combines health promotion and the NCD prevention unit of the MoHMS and is an approach to deliver Fiji's Primary Health Care to the various settings in which people live, work and play. This is achieved through expanding partnerships between peripheral health workers and local communities.

## **Mission:**

To empower people to take ownership of their health. To assist people to achieve their full health potential by providing quality preventative, curative and rehabilitative services through a caring, sustainable health care system.

The mission of Wellness Fiji is to promote healthy lifestyle and behaviour so as to reduce common risk factors and intermediate risk factors in NCD.

The MoHMS Fiji value the 5 A's of Primary Health Care – accessibility, affordability, availability, appropriateness and applicability.

## Long Term Aims & Vision:

#### Our key aims are:

- To develop and establish a digital lifecourse wellness system in Fiji
- To create a healthy population based on Wellness Fiji

#### Values:

1. Equity

We will strive for equitable health care and observe fair dealings with our customers in all activities, at all times, irrespective of race, colour, ethnicity or creed.

#### 2. Integrity

We will commit ourselves to the highest ethical and professional standards in all that we do.

3. Respect for human dignity

We respect the sanctity and dignity of all we serve.

#### 4. Responsiveness

We will be responsive to the needs of people in a timely manner, delivering our services efficiently and effectively.

## 5. Customer focus

We are genuinely ensuring that health services are focused on the people/patients receiving appropriate high quality health care delivery.

## **Further Information:**

Non-Governmental Organisations (NGOs) are interested in adopting Wellness in Fiji. We need to help these NGOs in seeking funding support.

Can you source potential funding pots and support Fijian NGO's with the basics of a funding proposal?

Why is this important? If NGO's could access potential funding from international development and global health grants, they could spearhead the Government's long-term aims of wellness promotion. Which in-turn will make a huge contribution to tackling Fiji's NCD crisis and other holistic health aims.

## **Current Challenges:**

Many NGO organisations in Fiji would be interested in supporting the Ministry of Health's aims of Wellness promotion but access to resources, tools and staff to promote is very limited.

Compounding this problem is the lack of staff and support to research potential funding sources and creating grant applications.

## **Key Research & Discussion Areas:**

#### Plan and deliver ...

- What is WELLNESS?
- What do the MoHMS currently do for Wellness promotion?
- How do other Government Ministries around the world promote Wellness? Where do they get their funding from?
- How do other NGO's & Businesses around the world promote Wellness? Where do they get their funding from?
- How is Wellness promoted in developing countries?
- What funding opportunities and grants are available?
- Types of funding to explore;
  - Corporate Funding
  - International Development Funding
  - Global Health Funding
  - South Pacific Development Funding
- Any health promotional funds across the world?
- Any health promotion funds for developing nations?
- Any health promotion funds within the South Pacific?
- What makes a grant proposal successful?
- Explore how you may structure a grant proposal.

## Create content...

- Create a report or proposal of the potential funding opportunities for NGO in Fiji to promote Wellness.
- Create a report or proposal to advise NGO's on submitting any potential grant applications.

## Barriers to success ...

- How can your funding proposal be relevant to a range of potential funders?
- How can your funding proposal be relevant to a range of organisations?
- Sourcing some information around specific funding sources.

## Evaluate...

- Have you spent enough time researching all possible funding sources?
- Have you understood what Wellness is?
- Have you researched examples of grant applications?

## **Useful Links:**

- Organisation Profile
- <u>Website</u>
- Facebook Page

## **Further Questions**

Are there any questions you would like to ask MOHMS to assist in completing this project?

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