



Action Project Reference: **59-04** Organisation: Cure Kids

# Action Project Proposal:

# "Draft Cure Kids Health & Safety manual, including the creation of forms."

## Who Are Cure Kids?

In June 2014, a partnership project commenced with the aim of preventing and reducing the impact of rheumatic heart disease (RHD) in the Fiji Islands. Cure Kids is working collaboratively with the Fiji Ministry of Health and Medical Services, Auckland District Health Board, and the Centre for International Child Health at Murdoch Children's Research Institute.

- Affects one in 50 children, yet is a preventable condition
- Fiji has one of the highest known rates in the world
- A leading cause of death for young people
- The second most common cause of death for pregnant women
- In partnership with AccorHotels, the Fiji Ministry of Health and world-leading RHD experts from Australia and NZ, Cure Kids is leading a national-level, research-based project, improving and building capacity across all aspects of RHD control and prevention

RHD is a serious heart condition that occurs following an attack of Acute Rheumatic Fever (ARF) which can occur after a strong immune response to a throat infection caused by a Group A Streptococcus ('strep throat' infection). If appropriate antibiotic treatment is not administered,

inflammation of the heart can cause scarring of the heart valves resulting in significant morbidity and possible death. In Fiji, it is common for children to present to clinical services late – already with symptomatic RHD – which means they are often too late for adequate treatment.

RHD is a significant health problem in Fiji, with the Pacific region having one of the highest reported RHD incidences in the world. Echocardiography-confirmed RHD prevalence in Fijian children, aged 5-14 years, is 35.4 per 1,000 which equates to approximately one child in every classroom living with RHD.

In Fiji, at least 60 deaths a year are attributed to RHD.

#### Mission:

The goal is to expand and strengthen the existing Fiji Rheumatic Heart Disease Control Programme to include developing new models of ARF/RHD care and prevention with the aim of reducing RHD related morbidity and mortality. Fundamental to Project outputs is an effective national co-ordination structure for the Fiji RHD Control Programme (Fiji MOH). Increasing capacity at this level will provide a governance model that can continue beyond the life of the Project.

#### Long Term Aims & Vision:

Output 1: Register-based secondary prevention programme operational including quality improvement processes

Output 2: Best practice guidelines for clinical care for arf/rhd implemented and monitored against benchmarks

Output 3: A model for early detection of arf/rhd cases developed and implemented nationally

Output 4: Primary prevention guidelines developed and implemented including health promotion

#### **Further Information:**

We would love your help in drafting a health and safety guide, as well as any relevant supporting documents such as H&S forms. As an organisation, our focus is on improving the

health and wellbeing of children by preventing and reducing the impact of rheumatic heart disease. Therefore, to ensure we are doing the best we can to support the health and wellbeing of the children we work with we need a comprehensive H&S guide. This can be created by researching similar organisations to see if they have resources like this available, then these can be used as a basis to adapt and create a guide for Cure Kids.

## **Key Research & Discussion Areas:**

## PLAN AND DELIVER ...

- Research the existing Fiji Rheumatic Heart Disease Control Programme and the developing new models of ARF/RHD care and prevention what type of treatments do these include? From this research can you determine the types of interaction Cure Kids will be having with people and therefore what should be included in the H&S guide?
- What are the key aims of the guide? What are the health and safety regulations surrounding medical services in Fiji?
- How will you add value to this guide?
- Can you find examples of other H&S guidelines in Fiji what works well and what could be improved?
- What different types of forms will need to accompany the guide?
- In what format will you present and share the guide?
- Should the guide be editable for the organisation?

#### CONTENT

- How are you going to structure your guide?
- What examples of similar H&S guides can you find? Do these help you identify the major content and design components?
- What key points from your action project will you chose to highlight in your recorded presentation at the end of your internship?

#### BARRIERS

- What are the main barriers to the development and delivery of a successful guide?
- What have other organisations done to combat these?
- Can you think of any potential solutions to these problems?

• Unsure what information is most relevant? - If in doubt, write in more detail and submit an editable version, then Cure Kids can omit anything irrelevant rather than having to invest time in further research themselves.

#### **EVALUATION**

- How will you make sure there's an element of longevity in this project?
- How will you access whether your project meets the aims and objectives of this AP?
- What tips could you give to future interns doing this project?
- Are there any further areas of research you could recommend to future interns/Cure Kids?

### **Useful Links:**

- Facebook https://www.facebook.com/curekidsfiji/
- Instagram https://www.instagram.com/curekidsfiji/
- Website <u>https://curekids.org.fj/rheumatic-heart-disease/</u>
- For more information about RHD <u>http://rhdaction.org/</u>
- Organisation Profile <u>https://thinkpacific.com/action-project-cure-kids/</u>

## **Further Questions**

Are there any questions you would like to ask Cure Kids to assist in completing this project?

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