



South Pacific Society of
LIFESTYLE MEDICINE

Conference

**Theme: Turning the Tide on NCDs - it
Starts with Us**

The Pearl Resort, Pacific Harbour, Fiji

Pre-Conference Workshop: 9th March 2020

Main Conference: 10th to 12th March 2020

IBLM Exams: 13th March 2020

Topics : Diabetes reversal, obesity management, health coaching, dementia prevention, lifestyle & mood, shared medical appointments, smoking cessation & more!

