



Action Project Reference: 66-01

Organisation: Diabetes Fiji Inc

Action Project Proposal:

“Research Project - Conduct research on Diabetes in Fiji and globally including statistics on prevention, management and complications”

Who Are Diabetes Fiji?

Diabetes Fiji was founded in 2012 and is under the umbrella of the International Diabetes Federation. Diabetes Fiji is closely linked to the work of the National Diabetes Foundation of Fiji which existed from 1981 to 2012. The organisation works to increase awareness of diabetes in Fiji, encourage policy makers to provide diabetes support, provide knowledge to empower diabetes sufferers or those at risk and strengthen Fiji’s healthcare systems to provide better services for diabetics. Diabetes Fiji operates in close connection with the Ministry of Health.

Diabetes is a major issue in Fiji and is the second leading cause of death. Around 16% of the Fijian adult population are living with diabetes yet many are not diagnosed. Therefore Diabetes Fiji works to try and strengthen community outreach and screening.

Mission and Values:

Mission:

To steer Fiji's national solidarity in combating Diabetes.

Values:

1. *Equity*
2. *Integrity*
3. *Respect for Human Dignity*
4. *Responsiveness*
5. *Customer Focus*

Long Term Aims & Vision:

Diabetes Fiji's long term vision is ***Diabetes in better hands***. They consider this in a number of different ways:

1. The diabetic themselves and ensuring that they have the best knowledge possible about how to live a good and healthy life.
2. Those at risk and ensuring that they are able to live a healthier lifestyle.
3. Provision of care in better hands and trying to provide better services for diabetics.

Diabetes Fiji also places a particular focus on children and young people as they are the country's future.

Current Challenges:

- Low income
- Lack of skilled staffs in areas such as marketing, graphic designs, monitoring and evaluation etc
 - People within the organisation don't know enough about how to create social media
- Difficulty finding donors, since most donor funds focus on women empowerment, climate change and entrepreneurship with very little focus on NCDs
- Research – research on Diabetes management, complication rate etc.

- Lack data – don't have data to back up treatment and don't have enough data on prevalence of diabetes in Fiji

Further Information:

One of the major challenges confronting Diabetes Fiji currently is a lack of data. Therefore this project is really important to help us to deliver our aims. Some of this data will be used to help give nurses the confidence to tell their patients that they are receiving the best possible treatment. We would therefore like you to research and collect data on:

- The prevention and management of diabetes.
- Complication issues.
- Prevalence of diabetes.
- The local, regional and international initiatives for the prevention and management of diabetes.

Action Project Questions:

You may wish to consider...

Plan and deliver ...

- What is the purpose of this research? How will you ensure that you meet this purpose?
- What sources will you use to collect your data?
- How will you ensure that the data you collect is accurate?
- Do you need to do any research before you are able to understand the data you are collecting? What resources could you use for this research?
- How will you present your research?
 - Who is going to use your research? What format would be most appropriate for them?

CONTENT

- Can you find data collected by other diabetes organisations?
 - Can this data be applied to the needs of diabetes Fiji?

- What important information do you need to include and how will you determine what data is useful?
- How will you ensure that your research is sustainable? Consider the longevity of your project, could you include links to key websites etc?

BARRIERS

- What are potential barriers to the collection of your data?

EVALUATION

- What evaluation methods will you use to evaluate the success of your project?
- Reconsider your initial aims, have these been met? Could you improve your research to meet these aims more successfully?
- How will you present your action project?
 - Which areas of your project will you choose to highlight in your presentation recording?

Useful Links:

- Organisation page - <https://thinkpacific.com/action-project-diabetes-fiji/>
- Facebook - <https://www.facebook.com/Diabetes-Fiji-Inc-1690230817863736/>
- Information about Diabetes Fiji provided by the International Diabetes Federation - <https://www.idf.org/our-network/regions-members/western-pacific/members/102-fiji.html?layout=details&mid=149>

Further Questions

Are there any questions you would like to ask Diabetes Fiji to assist in completing this project?

-
-
-
-
-

