



Study Tours in the Fiji Islands

Public Health

Itinerary Template



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DAY	Morning		12:00PM	Afternoon	19:00PM	Evening	
Day 1 (Sun)	N/A	N/A	N/A	Airport Pick Up & Transfer to Suva Accommodation	Dinner (Included)	Check In	Free
Day 2	Breakfast (Included)	Transfer from Accommodation to USP Laucala Bay Campus USP Session 1 + 2	Lunch (Included)	Pacific Dance & Arts Class - USP Oceania Centre of Arts & Culture USP Campus Tour Transfer to Accommodation	Dinner (Not Included)	Free	Free
Day 3	Breakfast (Included)	USP Session - Development Issues in the Pacific (Part 1 +2)	Lunch (Included)	Field Visit - Ministry of Health and Medical Services - Wellness Unit Field Visit - WHO Team Field Visit - Colonial War Memorial Hospital	Dinner (Not Included)	Free	Free
Day 4	Breakfast (Included)	USP Session - SDGs in the Pacific (Part 1) Local Organisation - SDGs in the Pacific (Part 2)	Lunch (Included)	Field Visit - Oceania Private Hospital Field Visit - UNDP Office Field Visit - RFHAF Clinic	Dinner (Not Included)	Free	Free
Day 5	Breakfast (Included)	USP Session - Climate Change 'Impacts in the Pacific' 'Intervention Project' Introduction - Alliance for Future Generations	Lunch (Included)	Field Visit - USP Pacific Centre for Environment & Sustainable Field Visit - SPREP Fiji Office	Dinner (Not Included)	Free	Free
Day 6	Breakfast (Included)	Field Visit - Leleuvia Island	Lunch (Included)	Case Study - Coral Farms & Reef (Snorkelling) Free Time / Activities (Paddle Boarding, Kayaking etc.) Boat Transfer to Accommodation	Dinner (Included)	Free	Free
Day 7	Breakfast (Included)	Transfer to Fijian Community (Immersion) Village Arrival	Lunch - Community (Included)	'Intervention Project' Introduction - Alliance for Future Generations Village Time (Community Sports/Games)	Dinner (Included)	'Family Night'	Free

Day 8	Breakfast (Included)	Sabbath Morning (Attend Village Church Service)		Lunch (Not Included)	Sabbath Afternoon (Free)	Dinner (Included)	'Family Night'	Free
Day 9	Breakfast (Included)	Leaving Ceremony - Village Transfer from Village to Suva Accommodation		Lunch - (Included)	Intervention Action Project - Group Reflection Session Transfer to Colo i Suva Rainforest Park Field Visit - National Heritage Site (Jungle Trek / Rock Pools)	Dinner (Not Included)	Free	Free
Day 10	Breakfast (Included)	FNU Panel Session - Building Resilient Communities through Education Group Planning Session - Intervention Project		Lunch - (Included)	Diabetes Fiji (Local Partner) - Presentation and Q&A - Physical Health Laucala Bay Sports Facilities - Mixed Sports & Swimming Transfer to Accommodation	Dinner (Included)	Free	Free
Day 11	Breakfast (Included)	FNU Panel Session - Fiji, South Pacific and Climate Change Group Planning Session - Intervention Project		Lunch - (Included)	Child Benefit Fiji (Local Partner) - Presentation and Q&A - Social Care and Education Visit - Australian High Commission	Dinner (Not Included)	Free	Free
Day 12	Breakfast (Included)	Transfer from Accommodation to USP Laucala Bay Campus USP Session - Research in the Pacific Group Planning Session - Intervention Project		Lunch (Included)	South Pacific Society of Lifestyle Medicine (Local Partner) - Presentation and Q&A - Diet & Nutrition Field Visit - WOWS Kids Fiji - Child Cancer Prevention & Support Transfer to Accommodation	Dinner (Not Included)	Free	Free
Day 13	Breakfast (Included)	Transfer from Accommodation to USP Laucala Bay Campus Student Presentations - Intervention Project		Lunch (Included)	13:00 Activity - Sail on the Uto ni Yalo (Traditional Polynesian Sailing Canoe) Celebration & Farewell Tea Transfer to Accommodation	Dinner (Not Included)	Free	Free
Day 14	Breakfast (Included)	Transfer to Nadi Accommodation		Lunch (Not Included)	Free	Closing Dinner (Included)	Free	Free
Day 15	Breakfast (Included)	Group Meeting	Checkout & Bus Transfer to Nadi / Departure					