



Study Tours in the Fiji Islands

Sports Development

Itinerary Template



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DAY	Morning		12:00PM	Afternoon	19:00PM	Evening	
Day 1 (Thursday)	N/A	N/A	N/A	Airport Pick Up & Transfer to Suva Accommodation	Dinner (Included)	Check In	Free
Day 2	Breakfast (Included)	Transfer from Accommodation to USP Laucala Bay Campus USP Session 1 + 2	Lunch (Included)	Pacific Dance & Arts Class - USP Oceania Centre of Arts & Culture Campus Tour - USP Transfer to Accommodation	Dinner (Not Included)	Free	Free
Day 3	Breakfast (Included)	Transfer from Accommodation to USP Laucala Bay Campus USP Session 3 + 4	Lunch (Included)	Walk to USP PaCE-SD Campus Activity - Sail on the Uto ni Yalo (Traditional Polynesian Sailing Canoe) Walk to Fiji Sports Council Facilities Sports Activities - 'Free Play'	Dinner (Not Included)	Free	Free
Day 4	Breakfast (Included)	Laucala Bay Sports Facilities - Mixed Sports & Swimming Transfer to Accommodation	Lunch (Included)	Free	Dinner (Not Included)	Free	Free
Day 5	Breakfast (Included)	Transfer from Accommodation to Suva Business Centre Fiji National Sports Commission - Presentation & Q&A Netball Fiji & Fiji Rugby Union - Workshop & Q&A	Lunch (Included)	Transfer to USP Sports Ground Youth Training Session - Netball Fiji & FRU Walk to Damodar Aquatic Centre Damodar Aquatic Centre Transfer to Accommodation	Dinner (Not Included)	Free	Free
Day 6	Breakfast (Included)	Transfer from Accommodation to Suva Business Centre "Local Organisation Session - Alliance for Future Generations" Athletics Fiji - Workshop & Q&A	Lunch (Included)	Transfer to USP Sports Ground Fiji Paralympic Association - Inclusive Sports Session Walk to Damodar Aquatic Centre Damodar Aquatic Centre Transfer to Accommodation	Dinner (Not Included)	Free	Free
Day 7	Breakfast (Included)	Transfer to Fijian Community (Immersion) Village Arrival	Lunch - Community (Included)	Pacific Skills - Weaving / Language / Meke (Dance) Village Time - Community Sports / Games	Dinner (Included)	'Family Night'	Free

Day 8	Breakfast (Included)	Session Prep & Planning - Athletics Athletics - Community Coaching	Lunch (Included)	Pacific Skills - Weaving / Language / Meke (Dance) Kids Coaching Clinic - Athletics	Dinner (Included)	Social Activity - Community Hall	Free	
Day 9	Breakfast (Included)	Session Prep & Planning - Rugby Union Rugby Union - Community Coaching	Lunch - (Included)	Pacific Skills - Weaving / Language / Meke (Dance) Kids Coaching Clinic - Rugby Union	Dinner (Included)	Social Activity - Community Hall	Free	
Day 10	Breakfast (Included)	Session Prep & Planning - Netball Netball - Community Coaching	Lunch - (Included)	Pacific Skills - Weaving / Language / Meke (Dance) Kids Coaching Clinic - Netball	Dinner (Included)	Free	Free	
Day 11	Breakfast (Included)	Sabbath Morning (Attend Village Church Service)	Lunch (Not Included)	Sabbath Afternoon (Free)	Dinner (Included)	Free	Free	
Day 12	Breakfast (Included)	Leaving Ceremony - Village Transfer from Village to Suva Accommodation	Lunch - (Included)	Transfer to Colo i Suva Rainforest Park Field Visit - National Heritage Site (Jungle Trek / Rock Pools)	Dinner (Not Included)	Free	Free	
Day 13	Breakfast (Included)	Boat Transfer to Leleuvia Island Field Visit - Leleuvia Island	Lunch (Included)	Case Study - Coral Farms & Reef (Snorkelling) Free Time / Activities (Paddle Boarding, Kayaking etc.) Boat Transfer to Accommodation	Dinner (Not Included)	Free	Free	
Day 14	Breakfast (Included)	Transfer to Nadi Accommodation	Lunch (Not Included)	Free	Closing Dinner (Included)	Free	Free	
Day 15	Breakfast (Included)	Group Meeting	Checkout & Bus Transfer to Nadi / Departure					