



FE College Itinerary Briefs

For Turing Funded Programmes (2025/2026)

Unique Activities & Learning Outcomes for FE Learners in Bali, Thailand and Fiji.

Programmes & Destinations

Our Most Popular Programme Themes...

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|----------------------------------|--------------------------|
| 1. Global Citizenship Programme* | - Bali / Thailand / Fiji |
| 2. Agriculture & Horticulture | - Bali / Thailand / Fiji |
| 3. Animal Management | - Bali / Thailand / Fiji |
| 4. Art & Design | - Bali / Thailand |
| 5. Business | - Bali / Thailand |
| 6. Catering | - Bali / Thailand |
| 7. Childcare | - Bali / Thailand / Fiji |
| 8. Construction | - Bali / Thailand / Fiji |
| 9. Dance & Performing Arts | - Bali / Thailand |
| 10. Digital & Computing | - Bali / Thailand |
| 11. Engineering | - Bali / Thailand |
| 12. Hair and Beauty | - Bali / Thailand |
| 13. Health and Social Care | - Bali / Thailand / Fiji |
| 14. Music | - Bali / Thailand |
| 15. Public Services | - Bali / Fiji |
| 16. Sports Coaching | - Bali / Thailand / Fiji |
| 17. Travel & Tourism | - Bali / Thailand / Fiji |

*The Global Citizenship Programme is designed for all vocational and A-Level learners, fostering leadership, sustainability awareness, and essential employability skills for a globally connected future.

Global Citizenship - Bali

Career Exposure, Cultural Immersion, and Personal Enrichment in Bali

This career and cultural immersion programme in Bali offers students a unique opportunity to explore global careers, sustainability, and wellness. Through industry visits, hands-on projects, professional networking, and community service, students gain practical experience across sectors such as business, social enterprises, and charity work.

Students will engage with sustainability initiatives and cultural heritage projects, gaining first-hand insight into ethical business, environmental responsibility, and the UN Sustainable Development Goals (SDGs).

The programme also introduces students to Bali's wellness culture, with opportunities to practice yoga, meditation, and mindfulness for stress management and mental resilience, equipping them with self-care techniques for their future careers or studies.

Key Learning Outcomes:

- Gain practical career experience across multiple industries.
- Explore sustainability challenges and ethical business practices.
- Engage in community service and leadership development.
- Develop critical thinking, adaptability, and self-confidence.
- Strengthen communication, digital literacy, and cross-cultural skills.
- Learn wellness techniques to support mental health and resilience.
- Return with career clarity, global awareness, and life-enhancing skills.

This multidimensional programme provides A-Level and vocational students with career-focused learning, cultural exploration, and personal growth, preparing them for future success in university, careers, and beyond.

Global Citizenship - Thailand

Sustainability, Social Innovation, and Ethical Leadership in Chiang Mai.

This transformative programme in Thailand provides students with the opportunity to explore business practices, sustainability, ethical leadership, and social impact. By working alongside businesses, NGOs, community-based organisations, students will gain first-hand experience of business, economic, and social impact.

Participants will engage in workshops and discussions with entrepreneurs and leaders, covering topics such as corporate social responsibility, ethical supply chains, and circular economy principles. Visits to local markets and artisan cooperatives will showcase how small businesses contribute to economic sustainability.

The programme also includes learning from organisations combating climate change and poverty. Students will visit eco-tourism sites, sustainable farms, and urban development projects, understanding the impact of ethical business and responsible tourism in Thailand.

Core Learning Outcomes:

- Develop leadership, teamwork, and problem-solving skills.
- Gain insight into ethical business practices and social impact entrepreneurship.
- Understand conservation and sustainability challenges in Southeast Asia.
- Enhance global awareness and cross-cultural communication skills.
- Participate in community-led environmental and social development projects.
- Strengthen critical thinking and adaptability in international settings.
- Gain insight into ethical business practices and social impact entrepreneurship.

Global Citizenship - Fiji Islands

Community-Led Conservation and Cultural Exchange in the Pacific

This immersive study tour to Fiji focuses on marine conservation, climate resilience, and sustainable community development. Participants will work with local organisations to restore coral reefs, protect endangered marine species, and promote sustainable village life.

Students will take part in community-based conservation efforts, including sea turtle protection, mangrove restoration, and plastic waste reduction projects. Through hands-on learning, students will gain an understanding of how climate change affects island nations and what measures are being taken to combat environmental threats.

A key component of this programme is visiting traditional villages, where students will experience Fijian customs, traditions, and community-based tourism. They will learn how local businesses incorporate sustainability, and work alongside educators to support literacy and youth empowerment initiatives.

The programme also includes cultural immersion activities, such as traditional Fijian weaving, food preparation, and storytelling, reinforcing the connection between community, culture, and conservation.

Core Learning Outcomes:

- Develop skills in marine conservation and environmental sustainability.
- Understand the impact of climate change on island communities.
- Gain hands-on experience in eco-tourism and ethical business models.
- Build cross-cultural communication and leadership abilities.
- Participate in marine restoration and plastic waste reduction initiatives.
- Strengthen research and analytical skills related to environmental science.

Agriculture and Horticulture - Bali

Exploring Sustainable Farming and Horticulture in Ubud

This two-week programme in Bali introduces students to traditional and modern agricultural practices, focusing on organic farming, permaculture, and sustainable land use. Students will visit rice terraces, tropical fruit plantations, and herbal gardens to understand how local farmers integrate sustainability into agriculture.

Activities include hands-on workshops in soil analysis, sustainable irrigation, and composting techniques. Visits to community-led farming cooperatives and organic markets will provide insight into the business side of horticulture and ethical trade. Students will also explore herbal medicine production and the use of indigenous plants in Balinese wellness traditions.

In addition, the programme offers immersive experiences where students interact directly with local farmers, gaining firsthand knowledge of time-honored cultivation techniques alongside modern innovations. They will examine how Bali's unique climate and cultural heritage shape agricultural practices, deepening their appreciation for sustainable land management and the critical role agriculture plays in supporting community resilience and environmental stewardship.

Core Learning Outcomes:

- Gain practical experience in sustainable farming and agroecology.
- Understand the economic and cultural significance of agriculture in Bali.
- Develop problem-solving and research skills related to climate-resilient farming.
- Learn about ethical food production and eco-tourism models.
- Participate in hands-on organic farming and permaculture workshops.
- Analyze traditional Balinese farming methods and their sustainability potential.

Agriculture and Horticulture - Thailand

Traditional and Sustainable Agriculture in Chiang Mai

This programme in Thailand explores traditional hill tribe farming, organic agriculture, and sustainable horticulture. Students will visit rural farms, botanical gardens, and hydroponic plantations to examine how Thailand blends time-honored practices with modern sustainability methods.

Activities include tea and coffee cultivation workshops, visits to indigenous farming communities, and hands-on experience in permaculture and greenhouse farming. Students will also engage with Thai farmers and agricultural experts, learning about seed saving, soil health, and climate adaptation. Additionally, interactive sessions on sustainable resource management and local agricultural economies provide a broader perspective on environmental challenges and the role of agriculture in community resilience, inspiring future leaders in eco-friendly food production and sustainable practices.

Core Learning Outcomes:

- Experience both traditional and modern farming techniques.
- Learn composting, crop rotation, and agroforestry practices.
- Gain insight into the cultural significance of staple crops.
- Explore tropical flower cultivation and native plant species.
- Develop research and environmental management skills.
- Engage with local markets and learn about cultural trade.
- Develop skills in crop production, sustainable farming, and eco-agriculture.

Agriculture & Horticulture - Fiji Islands

Cultivating Tradition and Innovation in Fiji's Agricultural Heartland

Experience the heart of Pacific agriculture with this immersive two-week study tour to Viti Levu, Fiji's largest and most agriculturally diverse island.

Participants will visit taro, cassava, and kava plantations to learn about the cultivation of these culturally and economically significant crops. Through hands-on activities, students will gain insight into traditional Fijian farming techniques—including natural composting and crop rotation—as well as modern approaches to sustainable agriculture.

Students will explore tropical flower farms and study native plants such as orchids and hibiscus, which hold both cultural and commercial importance. A visit to local markets will provide an opportunity to observe the vibrant trade of fresh produce and flowers, offering a real-world perspective on Fiji's agricultural export industry. This programme is designed to foster a deep understanding of Fiji's agricultural heritage and emphasize the importance of sustainable practices in preserving the unique ecosystems of the Pacific Islands.

Core Learning Outcomes:

- Experience both traditional and modern farming techniques.
- Learn composting, crop rotation, and agroforestry practices.
- Gain insight into the cultural significance of staple crops.
- Explore tropical flower cultivation and native plant species.
- Develop research and environmental management skills.
- Engage with local markets and learn about cultural trade.

Animal Management - Bali

Conservation, Marine & Wildlife Vocational Experience in Bali

This immersive programme in Bali offers an in-depth exploration of tropical marine environments and wildlife conservation, from vibrant coral reefs to dedicated animal rescue centres.

Students engage with local leaders and experts to examine the challenges posed by tourism, overpopulation, and plastic pollution while learning how community-based initiatives work to protect endangered species such as sea turtles. Through visits to wildlife sanctuaries and hands-on participation in conservation projects, students gain a comprehensive understanding of ethical animal management, sustainable practices, and the cultural nuances of Balinese animal care.

The experience culminates in a digital media campaign project, empowering students to advocate for ethical animal protection and conservation efforts using the skills and insights they have acquired.

Core Learning Outcomes:

- Gain hands-on experience in marine conservation and wildlife preservation.
- Understand the impacts of tourism, overpopulation, and plastic pollution.
- Learn community conservation strategies and ethical animal management.
- Explore the role of wildlife sanctuaries in species rehabilitation.
- Build cultural awareness through Balinese animal care perspectives.
- Develop communication and advocacy skills through a digital media campaign.

Animal Management - Thailand

Elephant and Wildlife Rescue in Thailand – Chiang Mai or Phetchaburi

This intensive programme in Thailand offers Animal Care students a unique opportunity to work with ethical elephant and wildlife rescue sanctuaries, aligning with key aspects of the animal science curriculum such as wildlife conservation, veterinary practices, and habitat preservation.

Students assist with daily care routines including health checks, feedings, and enclosure maintenance, while also observing veterinary treatments and tracking rehabilitation progress. Immersed in real-world animal care settings, learners engage with experts, local leaders, and volunteers, and later share their experiences through presentations and digital media projects.

The programme also provides insight into the challenges faced by large-scale dog and cat rescue centres, inspiring future careers in veterinary science and conservation.

Core Learning Outcomes:

- Gain hands-on experience in elephant and wildlife rescue.
- Learn essential animal care skills, including health checks, feedings, and enclosure maintenance.
- Observe veterinary treatments and monitor rehabilitation progress.
- Develop effective communication skills through presentations and digital media projects.
- Understand the challenges faced by large-scale animal rescue centres.
- Explore potential careers in wildlife conservation, veterinary practice, and habitat preservation.

Animal Management - Fiji

Exploring Coral Conservation and Marine Preservation in Fiji

This immersive programme in Fiji allows students to explore marine conservation, with a specific focus on coral reef restoration and marine biodiversity protection. Through hands-on activities, students will engage in coral conservation initiatives, learning about reef restoration techniques, marine species protection, and the broader environmental impact of climate change on Fiji's unique ecosystems.

The programme includes hands-on coral farming projects, where students will propagate and transplant coral to support reef recovery. They will also explore community-based marine conservation efforts, learning how indigenous knowledge and modern science come together to protect marine ecosystems.

Through direct engagement with Fijian communities, students will explore traditional ecological practices and how they contribute to the long-term sustainability of marine resources. Upon returning home, they will develop an awareness campaign to promote responsible marine conservation based on their experiences in Fiji.

Core Learning Outcomes:

- Develop hands-on experience in coral reef conservation and marine biodiversity management.
- Understand the ecological challenges facing marine life in the Pacific.
- Learn about sustainable fisheries, marine reserves, and responsible tourism.
- Enhance cross-cultural awareness and gain insight into indigenous marine conservation practices.
- Strengthen teamwork, critical thinking, and adaptability in environmental fieldwork.
- Participate in conservation projects that contribute to long-term marine sustainability.

Art & Design - Bali

Immersive Art and Cultural Exploration in Ubud, Bali

This programme offers students an enriching experience in Ubud, Bali's artistic heart, where traditional craftsmanship meets contemporary creativity. Through hands-on workshops and cultural exploration, students will gain insight into Balinese artistry, sustainability in design, and the role of art in preserving cultural heritage.

Participants will work alongside skilled artisans to learn Batik painting, wood carving, and jewelry making, discovering how ancient techniques continue to inspire modern design. Visits to art studios and creative hubs will showcase Bali's thriving digital and entrepreneurial art scene.

Cultural immersion is central to the experience, with traditional dance performances, temple visits, and wellness activities such as yoga and meditation. Students will also explore sustainability in textile production, engaging with artisans who create eco-friendly fabrics like Endek and Gringsing.

Additionally, students will contribute to community arts initiatives that support local artisans and promote ethical craftsmanship. By the end of the programme, they will have developed new artistic skills, a deeper appreciation for global art traditions, and an understanding of how creativity drives sustainable social impact.

Core Learning Outcomes:

- Learn traditional Balinese art techniques and creative processes.
- Understand sustainability in textile and craft design.
- Explore the intersection of culture, spirituality, and artistic expression.
- Develop hands-on skills in traditional and contemporary arts.
- Gain insights into ethical art production and entrepreneurship.
- Enhance cross-cultural understanding and creative problem-solving.

Art & Design - Thailand

Traditional and Contemporary Arts in Chiang Mai

This immersive programme in Chiang Mai offers students a deep dive into Thailand's rich artistic heritage and innovative design scene. Known as a hub for traditional crafts and contemporary creativity, Chiang Mai provides the perfect setting to explore the intersection of cultural heritage, sustainability, and modern artistic expression.

Students will engage in hands-on workshops with skilled artisans, learning traditional techniques such as Lanna-style wood carving, silk weaving, and celadon pottery. Visits to artisan villages, including the famous Baan Kang Wat creative community and the Bo Sang umbrella-making district, will provide insight into Thailand's craft traditions and how they are being preserved in a modern context.

The programme also explores Chiang Mai's growing contemporary art scene, with visits to cutting-edge galleries, design studios, and creative hubs such as the Chiang Mai Art & Cultural Centre. Students will participate in discussions with local artists and designers, gaining perspectives on how art is used for cultural storytelling, social impact, and sustainable enterprise.

Students will also explore the spiritual and cultural influences in Thai art through temple visits, mural studies, and traditional Thai dance performances. Community engagement activities will include volunteering with arts-based social enterprises that support local artisans and marginalized groups.

Core Learning Outcomes:

- Learn traditional Thai craft techniques such as silk weaving and celadon pottery.
- Explore Chiang Mai's contemporary art scene and creative entrepreneurial hubs.
- Understand the cultural and spiritual significance of Thai art and design.
- Engage with community-driven arts initiatives supporting sustainability.
- Develop cross-cultural awareness and artistic adaptability.
- Gain hands-on experience in ethical and sustainable craftsmanship.

Business - Bali

Business Career Exposure Programme in Ubud

Learners explore sustainable business practices and entrepreneurial innovation in a dynamic global setting. With a focus on grassroots social enterprises, students will explore how businesses drive positive social and environmental impact while adapting to local and global market challenges.

Participants will engage in a professional action project with a Bali-based social enterprise, applying problem-solving, innovation, and entrepreneurship skills to real-world business challenges. The programme includes visits to eco-conscious startups, sustainable supply chain businesses, and co-working spaces where students will interact with founders and business leaders. They will explore key business concepts such as marketing, finance, and project management, working on business briefs that require creative and strategic thinking.

Students will present their solutions to business leaders, receiving valuable feedback and industry insights. Cultural engagement is woven throughout the experience, with opportunities to collaborate with local communities and support environmental initiatives.

By the end of the programme, students will develop entrepreneurial confidence, cross-cultural business awareness, and the skills needed to contribute to sustainable enterprise and ethical global business practices.

Core Learning Outcomes:

- Gain exposure to real-world business operations in a global and local context.
- Work on a professional project with a Bali-based social enterprise.
- Develop problem-solving, innovation, and entrepreneurial skills.
- Learn sustainable business practices and ethical enterprise models.
- Engage with business leaders and receive professional mentorship.
- Enhance teamwork, communication, and cross-cultural business awareness

Business - Thailand

Sustainable Business, Entrepreneurship, and the Digital Economy in Chiang Mai

Immerse yourself in Chiang Mai's dynamic business landscape, where traditional values intersect with modern innovation. This programme provides students with hands-on exposure to sustainable enterprises, social impact organisations, and the city's thriving digital economy, making it an ideal setting for future business leaders and entrepreneurs.

Through site visits and interactive workshops, they will gain insights into how businesses address environmental and social challenges through sustainable and responsible practices.

A key focus of the programme is Chiang Mai's digital nomad and startup scene. Students will engage with remote professionals, co-working spaces, and startup founders to understand the future of location-independent work and digital entrepreneurship. Workshops will cover innovation, marketing, business strategy, and cultural intelligence, equipping students with essential skills for global business.

In collaboration with local organisations, students will work on real-world business challenges, developing strategic solutions and presenting them to industry professionals for feedback. By the end of the programme, students will have a deeper understanding of sustainable business, entrepreneurship, and the digital economy, preparing them for success in a rapidly evolving global marketplace.

Core Learning Outcomes:

- Understand sustainable business models and ethical entrepreneurship.
- Explore Chiang Mai's digital economy and remote work culture.
- Gain hands-on experience through business project challenges.
- Develop problem-solving, teamwork, and innovation skills.
- Engage with business leaders, startups, and social enterprises.
- Enhance cross-cultural awareness and global business acumen

Catering - Bali

A Farm-to-Plate Culinary Experience in Ubud, Bali

This immersive programme in Ubud, Bali, offers catering students a unique opportunity to refine their culinary skills while exploring the island's rich food culture and sustainable practices. Through hands-on training, market visits, and engagement with local producers, students will gain a deep understanding of Balinese cuisine and ethical food sourcing.

Participants will work alongside experienced Balinese chefs in traditional warungs and renowned Ubud restaurants, mastering techniques for preparing dishes like babi guling, lawar, and satay lilit. Assisting with meal preparation and service in professional kitchens enhances their practical catering experience.

Students will visit Ubud's bustling markets to learn ingredient selection and explore the diverse range of Balinese produce. Trips to organic farms, rice terraces, and coffee plantations will provide insights into sustainable farming and the farm-to-table philosophy.

By the end of the programme, students will have developed advanced culinary techniques, cultural awareness, and a strong foundation in sustainable food practices, preparing them for successful careers in the hospitality industry.

Core Learning Outcomes:

- Develop hands-on experience in Balinese cooking techniques.
- Gain insight into farm-to-table and sustainable food sourcing.
- Understand ingredient selection and traditional market practices.
- Work in professional kitchen environments to refine catering skills.
- Engage with local communities through food-based initiatives.
- Enhance cultural awareness and ethical culinary practices.

Catering - Thailand

A Culinary Immersion of Thai Food in Chiang Mai

This immersive programme in Chiang Mai offers catering students the opportunity to refine their culinary skills while exploring Thailand's rich food culture and sustainability practices. With a focus on farm-to-table learning, market exploration, and hands-on kitchen training, students will gain invaluable real-world experience in professional culinary settings.

Participants will work alongside skilled local chefs in renowned Chiang Mai restaurants, learning to prepare signature Northern Thai dishes such as khao soi and gaeng hang lay using traditional cooking techniques and locally sourced ingredients. Assisting with meal preparation and service enhances their ability to work in a fast-paced, professional environment.

Guided visits to bustling markets will teach students about ingredient selection and sourcing, while trips to organic vegetable farms, coffee plantations, and tea estates provide insight into sustainable food production. Engaging with farmers and producers allows students to trace ingredients from farm to plate, deepening their understanding of ethical and sustainable gastronomy.

By the end of the programme, students will have enhanced their culinary expertise, developed cultural awareness, and gained a strong foundation in sustainable food practices, preparing them for careers in the hospitality industry.

Core Learning Outcomes:

- Develop hands-on experience in traditional Thai cooking techniques.
- Work in professional kitchens, refining catering and service skills.
- Learn farm-to-table and sustainable food sourcing principles.
- Understand ingredient selection and market practices.
- Engage in community-based food initiatives and social responsibility projects.
- Enhance cultural awareness and ethical culinary practices.

Childcare - Bali

Early Years Education and Cultural Learning in Bali

This early childhood education programme offers students the opportunity to work directly with young children in local preschools, and community learning centres. Students will assist teachers in designing and delivering creative learning experiences that incorporate play and English for development.

Participants will also learn about child psychology, developmental play, and inclusive education through hands-on workshops and discussions with local early years educators. Visits to community-based childcare initiatives will highlight how traditional Balinese culture integrates storytelling, nature, and movement into early learning.

In addition to educational placements, students will engage in sustainability-focused childcare initiatives, such as integrating eco-awareness into classroom activities and understanding nutrition and food security for children.

Core Learning Outcomes:

- Develop practical childcare skills in early years education.
- Gain cultural awareness and an understanding of global childcare practices.
- Learn about inclusive education and play-based learning techniques.
- Understand the focus of English language learning in Asia
- Enhance teamwork, adaptability, and communication skills.

Childcare - Thailand

Supporting Early Education and Child Welfare Initiatives

This programme in Chiang Mai provides students with valuable insights into early childhood education, child welfare, and community-based learning. Participants will support early years classrooms, assist with play-based learning, and engage in structured lesson planning.

Students will also work with NGOs that provide education for underprivileged children, understand the challenges facing Burmese refugees and observe how community-led initiatives bridge educational gaps in developing areas. Visits to children's clubs and after-school programmes will highlight how child enrichment programmes and social care operate in Thailand.

Workshops on mental health and well-being in childhood education will give students a deeper understanding of child psychology and social support strategies. Participants will also engage in cultural immersion activities, such as learning about Thai traditions in family life and education.

Core Learning Outcomes:

- Develop practical skills in lesson planning and childcare support.
- Understand the role of NGOs and social care in childhood development.
- Gain insight into child psychology and well-being.
- Strengthen communication, leadership, and cross-cultural awareness.
- Understand global challenges such as Burmese migration
- Consider global poverty issues and their impact upon education

Childcare - Fiji

Empowering Children Through Education and Community Engagement

This immersive experience allows students to work with local educators and childcare organisations and NGOs in Fiji, supporting early childhood development. Participants will assist in classroom learning, outdoor education, and youth-focused initiatives.

Students will learn about Fijian cultural perspectives on childcare, gaining insight into the role of extended families and village life in raising children. They will work with schools and NGOs to promote literacy, numeracy, and creative learning for young children.

A key component is community engagement, where students will contribute to early years nutrition programmes, health education, and sustainable classroom practices.

Core Learning Outcomes:

- Gain hands-on experience in early years education and community learning.
- Understand the social and cultural influences on child development.
- Learn about sustainable childcare practices in rural communities.
- Consider challenges posed to education in island countries
- Develop teamwork, problem-solving, and leadership skills.
- Learn about the impacts of climate change and natural disaster upon educational attainment

Construction - Bali

Sustainable Building and Traditional Craftsmanship in Ubud

Learners gain hands-on experience in sustainable construction while exploring traditional Balinese building techniques. Through site visits, practical workshops, and cultural engagement, students will gain insight into eco-friendly construction materials, renewable energy solutions, and the importance of sustainability in the built environment.

Participants will visit eco-construction projects, including bamboo architecture sites and renewable energy initiatives. Students are exposed to the structural and environmental benefits of bamboo, working alongside skilled artisans to gain hands-on experience in bamboo framing, weaving, and joinery techniques. Visits to sustainable resorts, green villages, and permaculture farms will provide insight into how natural materials and traditional methods contribute to long-lasting, eco-conscious structures.

Discussions with local builders and architects will explore how modern innovation is integrated with traditional craftsmanship to create sustainable communities. By the end of the programme, students will have developed practical construction skills, a deeper understanding of sustainable building practices, and an appreciation for Balinese craftsmanship and cultural traditions.

Core Learning Outcomes:

- Gain hands-on experience in bamboo construction and sustainable building techniques.
- Learn about eco-friendly materials, renewable energy, and green architecture.
- Explore traditional Balinese construction methods and craftsmanship.
- Visit sustainable resorts and architectural sites showcasing innovative design.
- Work on a community-led construction project with a social impact.
- Develop cultural awareness and an appreciation for ethical and sustainable building practices

Construction - Thailand

Sustainable and Traditional Building Practices in Chiang Mai

This immersive programme in Chiang Mai offers students the opportunity to explore sustainable construction methods while learning from Thailand's rich architectural traditions. Through hands-on workshops, expert-led site visits, and engagement with local communities, participants will gain practical skills in eco-friendly building techniques and sustainable design.

Students will visit innovative construction projects that incorporate green materials such as bamboo, adobe, and rammed earth. They will work alongside skilled local craftsmen, learning traditional Thai woodworking, thatching, and passive cooling techniques that have been used for centuries. Visits to sustainable housing developments and eco-resorts will showcase how modern sustainability principles are applied to contemporary structures.

Students will explore how Chiang Mai integrates natural resources into urban planning, promoting low-impact construction and environmentally responsible development. By the end of the programme, students will have gained valuable practical construction skills, a deeper understanding of sustainable architecture, and insights into Thailand's commitment to environmentally conscious building practices.

Core Learning Outcomes:

- Develop hands-on experience in bamboo, adobe, and rammed earth construction.
- Learn traditional Thai building techniques, including woodworking and thatching.
- Explore sustainable housing developments and renewable energy solutions.
- Understand the role of eco-friendly materials in modern Thai architecture.
- Participate in a community-led construction initiative with a social impact.
- Gain cultural insights and appreciation for sustainable design practices.

Construction - Fiji

Sustainable Building for Community Development in Fiji

This hands-on programme in Fiji provides students with the opportunity to learn sustainable construction methods while contributing to a meaningful community project. Through practical workshops, site visits, and cultural immersion, students will gain insight into traditional Fijian building techniques, eco-friendly materials, and the role of construction in community development.

A key feature of this programme is the construction of a **community health centre** in a rural Fijian village. Working alongside local builders, students will use traditional materials such as bamboo, thatch, and locally sourced timber to create a sustainable and functional healthcare facility. This initiative aligns with the **Fijian Ministry of Health's** mission to improve healthcare access in remote areas, providing long-term benefits to underserved communities.

Beyond construction, students will immerse themselves in Fijian culture, gaining an understanding of the strong community-driven approach to development. By working directly with local villagers, they will experience firsthand how construction can empower and uplift communities.

Core Learning Outcomes:

- Gain hands-on experience in traditional and sustainable Fijian building techniques.
- Contribute to constructing a community health centre in a rural village.
- Learn about eco-friendly materials such as bamboo, thatch, and reclaimed timber.
- Understand cyclone-resistant building strategies and water conservation systems.
- Work alongside local builders to support the Fijian Ministry of Health's rural healthcare initiative.
- Develop teamwork, cultural awareness, and problem-solving skills in a real-world setting.

Please note: This programme has additional associated costs, with each group required to fund raise for building materials

Dance and Performing Arts - Bali

Traditional and Contemporary Dance in Bali: A Cultural & Performance Experience

Learners explore the island's rich dance and performing arts traditions while gaining hands-on experience in performance, choreography, and cultural storytelling. Through practical workshops, site visits, and community engagement, students will develop technical skills and a deeper understanding of dance as a form of cultural expression.

Participants will train with skilled Balinese dance instructors, learning traditional Legong, Barong, and Kecak dance techniques. These highly expressive dance forms combine intricate hand gestures, rhythmic footwork, and dramatic storytelling, offering insight into Bali's deep-rooted artistic traditions. Students will also have the opportunity to explore gamelan music, which plays a vital role in Balinese dance performances. Beyond the studio, students will attend live performances at Ubud's royal palace and temple ceremonies, experiencing how dance is woven into religious and social celebrations.

A key aspect of this programme includes volunteering at local schools or communities, where students will share their passion for dance by assisting with creative movement workshops for Balinese children. This initiative fosters cross-cultural exchange, allowing students to contribute to the community while enhancing their teaching and leadership skills.

Core Learning Outcomes:

- Learn traditional Balinese dance techniques, including Legong, Barong, and Kecak.
- Explore gamelan music and its role in dance performances.
- Attend live performances at temples, royal palaces, and cultural centres.
- Discover the fusion of traditional and contemporary dance in Bali.
- Volunteer at local schools, assisting with dance and creative movement workshops.
- Develop performance, choreography, and teaching skills while enhancing cultural awareness.

Dance and Performing Arts - Thailand

Traditional and Contemporary Dance in Chiang Mai: A Cultural & Performance Experience

This immersive programme in Chiang Mai offers students the opportunity to explore Thailand's rich dance and performing arts traditions while developing their own technical and performance skills. Through hands-on training, cultural experiences, and community engagement, students will gain a deep understanding of Thai dance as a form of artistic expression and storytelling.

Participants will learn traditional Lanna dance forms, such as Fon Leb (fingernail dance), Ram Wong (circle dance), and Khon (classical masked dance), under the guidance of experienced Thai dance instructors. These styles reflect the elegance and symbolic movements central to Thai cultural heritage. Students will also explore the influence of Muay Thai (Thai martial arts dance) and modern interpretations of traditional movement in contemporary Thai performances.

Beyond training, students attend performances at temples, cultural festivals, and traditional theatre venues, witnessing how dance is deeply integrated into Thailand's religious and social celebrations.

Learners can volunteer at local schools or community settings where students will lead dance and movement workshops for Thai children and adults. This initiative promotes cross-cultural exchange and allows students to apply their leadership and teaching skills while sharing their passion for the performing arts.

Core Learning Outcomes:

- Learn traditional **Thai dance forms**, including Fon Leb, Ram Wong, and Khon.
- Explore the connection between **dance, martial arts, and storytelling** in Thai culture.
- Attend live **temple performances, cultural festivals, and theatre productions**.
- Discover the fusion of **traditional and contemporary** dance styles in Chiang Mai.
- Volunteer in **local schools**, assisting with **dance and creative movement workshops**.
- Develop **performance, choreography, and teaching** skills while enhancing cross-cultural awareness.

Digital & Computing - Bali

Exploring Innovation and Technology in Bali's Digital Hub

This dynamic programme in Bali offers IT and digital students an immersive experience in Southeast Asia's thriving tech ecosystem. With Bali emerging as a hub for digital nomads, startups, and cutting-edge innovation, students will gain firsthand exposure to tech enterprises, AI development, e-commerce, and digital marketing trends shaping the region's future.

Participants will engage in industry placements and project-based learning aligned with their areas of interest, shadowing regional tech startups or digital agencies operating in Bali. Through mentorship and site visits, students will gain insight into software development, UX/UI design, blockchain technology, or data analytics.

A key highlight of the programme is networking at digital events, startup incubators, and co-working spaces such as Dojo Bali and Outpost, where students will interact with entrepreneurs, remote professionals, and investors. Discussions on AI, automation, and sustainable technology will offer valuable perspectives on digital transformation.

Beyond professional exposure, students will participate in community engagement projects, teaching basic ICT skills and coding workshops to local youth and school groups. This hands-on experience will enhance their teaching, leadership, and cross-cultural communication skills while giving back to the community.

Core Learning Outcomes:

- Gain hands-on experience by shadowing tech startups, digital agencies, and IT firms.
- Explore AI, automation, software development, and UX/UI design in a real-world setting.
- Network with entrepreneurs, digital nomads, and industry professionals.
- Participate in co-working spaces and startup incubators to experience innovation in action.
- Teach ICT and coding workshops to local schools and youth groups.
- Develop adaptability, global business awareness, and digital problem-solving skills.

Digital & Computing - Thailand

Exploring Chiang Mai's Thriving Digital Economy and Innovation Scene

This immersive programme in Chiang Mai, Thailand, offers IT and digital students the opportunity to engage with one of Southeast Asia's emerging tech hubs. Chiang Mai has rapidly developed into a centre for digital entrepreneurship, AI development, cybersecurity, and e-commerce, making it an ideal location to explore technology-driven business models, remote work culture, and cross-border digital trade.

Participants will shadow tech startups, IT firms, and digital marketing agencies, gaining insights into the latest advancements in cloud computing, automation, fintech, and blockchain applications. Students will visit co-working spaces such as Punspace and Yellow Coworking, engaging with tech founders, digital nomads, and software developers to understand how businesses operate in a globalized digital economy.

A key feature of the programme is exposure to Chiang Mai's smart city initiatives, where students will learn how data analytics, IoT (Internet of Things), and AI are being used to improve urban planning, transport systems, and sustainability efforts. Networking events and workshops will provide further insight into Thai innovation in digital finance, e-learning platforms, and creative technology solutions. By the end of the programme, students will have developed technical expertise, business acumen, and a global mindset, preparing them for careers in IT, digital entrepreneurship, and innovation-driven industries.

Core Learning Outcomes:

- Gain hands-on experience in tech startups, IT firms, and digital businesses.
- Explore AI, blockchain, fintech, and cloud computing applications in Thailand.
- Engage with Chiang Mai's smart city initiatives and digital infrastructure projects.
- Network with entrepreneurs, digital nomads, and technology professionals.
- Participate in co-working spaces and innovation hubs to experience global remote work culture.
- Develop problem-solving, adaptability, and cross-cultural business awareness.

Engineering - Bali

Sustainable and Traditional Engineering Practices in Bali

This immersive programme in Bali offers engineering students a unique opportunity to explore traditional and modern construction techniques, sustainable design, and environmentally conscious development. Participants will visit local engineering and construction projects, learning how reclaimed wood, stone, and bamboo—a key sustainable resource—are used in structural design. Students will engage in practical workshops, exploring traditional Balinese construction techniques, temple architecture, and community-centered development.

A key focus of the programme is sustainability, with visits to green building projects, plastic-free initiatives, and waste management programs aimed at reducing environmental impact. Students will explore how solar and hydropower are integrated into modern Balinese structures and analyze the challenges of waste disposal and recycling in urban and rural areas.

The cultural significance of architecture in Bali is also emphasized, with discussions on the role of spiritual beliefs in construction, including the importance of temple placement in home design. The Balinese philosophy of 'Tri Hita Karana', which emphasizes harmony between humans, nature, and spirituality, will guide discussions on how sustainable engineering can align with local traditions.

Core Learning Outcomes:

- Gain hands-on experience in traditional Balinese construction techniques.
- Learn about bamboo, reclaimed wood, and stone as sustainable building materials.
- Explore renewable energy sources, including solar and hydropower, in Balinese infrastructure.
- Understand the cultural and spiritual significance of Balinese architecture.
- Learn about regional construction standards, safety regulations, and training processes.
- Develop insights into human-centered design and sustainable housing developments.
- Apply environmental and ethical engineering principles in real-world settings.

Engineering - Thailand

Sustainable and Traditional Engineering Practices in Chiang Mai

This immersive programme in Chiang Mai, Thailand, offers engineering students the opportunity to explore sustainable construction, renewable energy solutions, and traditional Thai building techniques. Through hands-on experiences, site visits, and cultural learning, students will gain valuable insights into the region's innovative approaches to environmentally conscious development.

Participants will visit sustainable construction projects and traditional Thai structures. Practical workshops will introduce students to Lanna-style architecture, intricate wooden temple construction, and the use of natural ventilation systems to improve energy efficiency. A key focus of the programme is sustainability, with visits to waste management initiatives, plastic-free projects, and renewable energy developments that highlight Thailand's commitment to reducing environmental impact. Students will explore solar and hydropower projects, green urban planning, and eco-housing initiatives aimed at creating more sustainable cities.

The cultural importance of architecture in Thailand will also be emphasized, including the role of Buddhist temples and spiritual beliefs in city planning. Students will gain an understanding of regional construction standards, safety regulations, and the differences between traditional and modern engineering techniques.

Core Learning Outcomes:

- Gain hands-on experience in traditional Thai construction techniques.
- Learn about bamboo, reclaimed wood, and earth-based materials in sustainable building.
- Explore solar, hydropower, and passive cooling systems in Thai infrastructure.
- Analyze waste management and plastic-free initiatives for sustainable development.
- Understand the cultural and spiritual significance of Thai architecture.
- Learn about regional construction processes, safety standards, and engineering regulations.
- Study human-centered design and eco-friendly housing developments.
- Apply sustainable and ethical engineering principles in real-world settings.

Hair & Beauty Therapy - Bali

Exploring Traditional & Sustainable Beauty Practices in Ubud

This immersive programme in Ubud, Bali, offers hair and beauty therapy students the opportunity to explore traditional Balinese beauty treatments, herbal remedies, and sustainable self-care practices. Through hands-on workshops, cultural experiences, and industry visits, students will gain a deep understanding of Bali's natural approach to hair and beauty.

Participants will learn from local beauty experts, spa therapists, and herbalists, gaining insight into the creation of natural skincare, organic hair treatments, and plant-based cosmetics. They will visit sustainable wellness resorts, traditional apothecaries, and natural perfumeries, exploring the use of coconut oil, frangipani, turmeric, and other indigenous ingredients in beauty rituals.

Learners can explore Balinese makeup and hairstyling techniques used in traditional dance and ceremonies. Students will practice creating intricate hair arrangements, floral headpieces, and dramatic stage makeup inspired by Legong, Barong, and Kecak performances.. Discussions with local artisans will offer insights into the importance of sustainable sourcing and traditional craftsmanship in Bali's beauty industry. By the end of the programme, students will have developed hands-on skills in natural beauty therapy, cultural awareness of Balinese traditions, and an understanding of sustainable beauty practices, preparing them for careers in global wellness and beauty industries.

Core Learning Outcomes:

- Learn how to create natural beauty products using Balinese herbal remedies.
- Explore traditional Balinese hair and makeup techniques for dance and ceremonies.
- Visit sustainable wellness resorts, herbal apothecaries, and natural perfumeries.
- Gain insight into eco-friendly spa treatments and sustainable beauty practices.
- Work with local beauty therapists and artisans to understand ethical sourcing.
- Develop skills in natural hair care, skincare, and fragrance blending.
- Enhance cultural awareness and appreciation of traditional Balinese beauty rituals.

Hair & Beauty Therapy - Thailand

Traditional Thai Beauty, Herbal Remedies, and Sustainable Practices in Chiang Mai

This immersive programme in Chiang Mai, Thailand, offers hair and beauty therapy students the chance to explore traditional Thai beauty rituals, herbal remedies, and sustainable wellness practices. Through hands-on workshops, cultural experiences, and industry visits, students will gain insights into Thailand's natural approach to self-care and its deep connection to beauty traditions.

Participants will learn from local beauty experts, spa therapists, and herbalists, discovering how coconut oil, lemongrass, turmeric, pandan leaves, and jasmine are used in traditional skincare, hair treatments, and aromatherapy. We introduce students to the principles of Thai herbal medicine, essential oil blending, and holistic beauty treatments.

A key focus of the programme is Thai cultural beauty traditions, including hair and makeup techniques used in traditional dance and ceremonies. Students will practice creating elegant Thai-inspired hairstyles, intricate floral headpieces, and traditional makeup looks seen in Khon (masked dance), Lanna folk dance, and classical Thai performances.

Core Learning Outcomes:

- Learn to create natural Thai beauty products using traditional herbal remedies.
- Explore hair and makeup techniques for Thai classical and folk dance performances.
- Visit herbal apothecaries, natural perfumeries, and sustainable wellness resorts.
- Gain insight into eco-friendly spa treatments and ethical beauty production.
- Work with local beauty therapists and artisans to understand sustainable ingredient sourcing.
- Develop skills in herbal skincare, hair care, and traditional Thai aromatherapy.
- Enhance **cultural awareness and appreciation of Thai beauty and wellness traditions.**

Health & Social Care - Bali

Exploring Holistic and Community-Based Health & Social Care in Bali

This immersive programme in Bali provides students with the opportunity to gain real-world experience in health and social care, engaging with local healthcare systems, elderly support networks, disability projects, and holistic wellness practices. Through hands-on learning and community interaction, students will explore Balinese approaches to health, well-being, and social care while developing key skills for their future careers.

Participants will visit local care facilities and community organisations to learn about elderly care in Bali, understanding how family and community support play a central role in elder well-being. Students will also engage with projects that support individuals with disabilities or mental health challenges, gaining insight into rehabilitation, therapy programmes, and social inclusion initiatives.

Learners can gain first-hand exposure to Bali's healthcare system, with visits to hospitals, rural clinics, and traditional healers to explore how modern medicine and traditional Balinese healing practices coexist. Holistic health is an integral part of Balinese culture, and students will experience yoga, meditation, and traditional healing therapies to understand their role in promoting mental and physical well-being.

Core Learning Outcomes:

- Learn about elderly care and community support networks in Bali.
- Engage with disability and mental health projects, understanding rehabilitation approaches.
- Gain first-hand experience in hospitals and healthcare facilities in Bali.
- Explore the integration of traditional healing and modern medicine.
- Participate in meditation, yoga, and holistic wellness practices to promote well-being.
- Understand Balinese perspectives on health, social care, and community-based support.
- Develop cross-cultural awareness and practical experience in global healthcare settings.

Health & Social Care - Thailand

Exploring Community and Holistic Healthcare in Chiang Mai

This programme offers students real-world experience in health and social care, exploring Thai healthcare systems, elderly support networks, disability services, and holistic wellness practices. Through hands-on learning and cultural engagement, students will gain insight into community-based healthcare and traditional healing methods.

Chiang Mai is known for its holistic wellness culture, and students will experience meditation, Thai yoga (Rue-Si Dat Ton), and Thai massage therapy to understand their role in mental health and stress relief. Visits to herbal medicine centres and wellness retreats will provide deeper insight into natural healing and preventative healthcare in Thailand.

Participants will visit elderly care facilities and community organisations, learning about Thailand's approach to ageing and family-based support systems. Students will engage with projects supporting individuals with disabilities or mental health challenges, gaining an understanding of rehabilitation therapies, vocational training, and inclusive care initiatives in Thai society.

A key element of the programme is first-hand exposure to Thailand's healthcare system, with visits to hospitals, rural clinics, and traditional medicine practitioners. Students will explore how modern healthcare, Buddhist mindfulness practices, and ancient Thai healing techniques work together to promote physical and mental well-being.

Core Learning Outcomes:

- Learn about elderly care and community support systems in Thailand.
- Engage with disability and mental health initiatives, exploring rehabilitation approaches.
- Gain first-hand experience in hospitals, rural clinics, and traditional medicine.
- Explore the integration of modern healthcare with Buddhist mindfulness and Thai healing techniques.
- Participate in meditation, Thai yoga, and traditional Thai massage therapy.
- Visit herbal medicine centres and holistic wellness retreats to study natural health practices.

Music - Bali

Traditional and Contemporary Music Exploration in Ubud

This immersive programme in Ubud, Bali, offers music students a unique opportunity to learn, perform, and engage with Balinese music traditions and contemporary sounds. Through hands-on workshops, cultural exchanges, and live performances, students will gain a deep appreciation for Bali's rich musical heritage while developing practical skills in traditional and modern music styles.

A key highlight of the programme is learning Gamelan, Bali's iconic ensemble music featuring metallophones, drums, gongs, and flutes. Under the guidance of local musicians and master teachers, students will gain insight into the rhythmic structures, techniques, and cultural significance of Balinese music. They will also explore Kecak (chanting music) and Jegog (bamboo gamelan), expanding their understanding of Bali's diverse musical traditions.

Students will have the opportunity to volunteer in local schools, introducing Balinese children to global music styles while also learning about how music is integrated into education and daily life in Bali. The programme also includes opportunities for students to perform in local venues, cultural centres, and community events, gaining real-world experience in live music settings. Visits to music studios, traditional instrument workshops, and contemporary Balinese music collectives will provide insight into how music is evolving in Bali's artistic landscape.

Core Learning Outcomes:

- Learn Gamelan, Kecak, and Jegog from Balinese master musicians.
- Gain insight into the cultural and spiritual role of music in Balinese society.
- Participate in volunteering projects at local schools, teaching and exchanging musical traditions.
- Perform at local venues, community spaces, and cultural festivals.
- Visit instrument-making workshops to understand traditional craftsmanship.
- Explore contemporary Balinese music and fusion genres in modern studios.
- Develop cross-cultural collaboration, performance skills, and teaching experience.

Music - Thailand

Traditional and Contemporary Music Exploration in Chiang Mai

Chiang Mai, Thailand, provides music students with a unique opportunity to learn from traditional Thai musicians, explore northern Thailand's rich musical heritage, and gain real-world performance experience. Through hands-on workshops, cultural exchanges, and live performances, students will develop technical skills and a deeper appreciation for Thai music traditions and contemporary innovations.

A key feature of the programme is learning traditional Thai classical and folk music, including instruments such as the Ranad (Thai xylophone), Khim (hammered dulcimer), Pi (flute), and Saw (fiddle). Under the guidance of local musicians and music educators, students will study theory, rhythms, and performance styles unique to Thai musical traditions, with a particular focus on the Lanna music of northern Thailand. They will also explore the role of music in Buddhist ceremonies, festivals, and storytelling traditions.

Students will also engage in volunteering at local schools, where they will share their own musical knowledge while learning how Thai music education incorporates traditional and contemporary elements. Learners have opportunities to perform in Chiang Mai's vibrant music scene, with live appearances at cultural centres.. Visits to instrument-making workshops and music studios will provide insight into how contemporary Thai musicians are blending heritage with modern genres.

Core Learning Outcomes:

- Learn **traditional Thai and Lanna music**, including classical and folk instruments.
- Gain insight into the **cultural, spiritual, and ceremonial role of music in Thailand**.
- Participate in **volunteering projects at local schools**, exchanging musical knowledge.
- Perform at **temples, cultural centres, and local music venues**.
- Visit **instrument-making workshops** to learn about traditional craftsmanship.
- Explore **Thailand's contemporary music scene and modern fusion genres**.
- Develop **cross-cultural collaboration, performance skills, and teaching experience**.

Public Services - Bali

Exploring Community, Emergency, and Environmental Public Services in Bali

Through site visits, practical training, and cultural engagement, students will develop an understanding of how public services operate in an international setting

Participants will gain insight into emergency response, environmental conservation and community welfare. They will learn about disaster management in a region prone to earthquakes, volcanoes, and flooding, exploring how emergency services coordinate crisis response and community preparedness.

Environmental conservation is a key focus, and students will engage with sustainability and waste management initiatives, learning how local organisations tackle plastic pollution, deforestation, and marine conservation. Learners participate in eco-community projects, including beach clean-ups, reforestation efforts, and wildlife protection programmes. Visits to local government representatives will provide insights into public policy, infrastructure development, and the role of NGOs in supporting social services.

Core Learning Outcomes:

- Gain first-hand experience in emergency services and disaster management.
- Learn about law enforcement and community policing in an international setting.
- Engage in environmental public service initiatives, including conservation and waste management projects.
- Understand the role of government, NGOs, and community-led initiatives in public welfare.
- Enhance teamwork and problem-solving abilities in real-world public service settings.

Public Services - Fiji

Exploring Emergency Response, Community Welfare, and Environmental Public Services

Participants will engage with Fiji's emergency services, visiting fire and rescue teams, medical response units, and disaster management agencies to understand how first responders prepare for and handle cyclones, tsunamis, and flooding, which are common in the region. Practical training sessions will provide students with basic emergency response skills and crisis management techniques. Students may also engage in public awareness activities such as cyclone preparedness in villages and with youth groups.

A strong focus on environmental public service will introduce students to marine conservation, waste management, and climate resilience projects. With Fiji facing environmental challenges, students will work with local NGOs and government-led initiatives on coastal protection, mangrove restoration, and sustainable waste reduction programmes.. Students will participate in community welfare projects, such as volunteering at community and youth wellbeing programmes.

Core Learning Outcomes:

- Learn about disaster management, medical response services.and maritime safety in Fiji.
- Engage in climate resilience and environmental conservation projects.
- Work with local government and NGOs to understand public health
- Participate in community-based initiatives, including youth development.
- Develop teamwork and leadership skills in real-world public service settings.
- Enhance cultural awareness and adaptability through direct community engagement.

Sports Coaching - Bali

Coaching, Fitness, and Traditional Movement in Bali

This programme offers students the opportunity to develop coaching skills, engage with local sports communities, and explore fitness and traditional wellness practices. Students will gain a well-rounded perspective on sports, fitness, and well-being in Bali.

Learners can engage in grassroots sports and activity coaching with local children, helping to promote teamwork, discipline, and sportsmanship. Students have the opportunity to visit Bali United FC, the island's professional football club. Beyond football, students will explore Bali's most popular sports, such as badminton, volleyball, and surfing.

The programme also introduces students to Bali's dynamic gym and fitness culture, including strength and conditioning training, functional fitness, and high-performance coaching. Sessions at state-of-the-art gyms and fitness centres will allow students to engage in sports-specific training techniques and personal fitness coaching. In addition to modern sports training, students will experience traditional Balinese wellness practices, including yoga, meditation, and martial arts such as Pencak Silat. These activities will help students develop a holistic approach to coaching, incorporating mental well-being, recovery techniques, and mindfulness into their practice.

Core Learning Outcomes:

- Gain hands-on experience coaching sports including football
- Visit Bali FC and training centre
- Learn about sports development and community coaching initiatives in Bali.
- Experience modern fitness training, including strength and conditioning.
- Participate in traditional wellness practices, such as yoga, meditation, and Pencak Silat.
- Develop leadership, teamwork, and communication skills through coaching and training sessions.

Sports Coaching - Thailand

Coaching, Fitness, and Traditional Sports in Chiang Mai

This immersive sports coaching programme in Chiang Mai provides students with hands-on experience in coaching, fitness training, and traditional Thai sports, offering a well-rounded understanding of sports development, community engagement, and holistic well-being.

Learners will assist in grassroots sports and activity coaching in school and youth club settings/. Students will explore Thailand's most popular sports, including Muay Thai (Thai boxing), takraw (kick volleyball), and badminton and visiting Chiang Mai FC.

Training with professional Muay Thai fighters, students will gain insight into Thai martial arts techniques, discipline, and fitness conditioning, learning how mental resilience and cultural traditions play a key role in Thai sports.

A focus on holistic well-being will allow students to experience traditional Thai wellness practices, including yoga, meditation, and Thai massage therapy. These activities will provide an understanding of how mindfulness and recovery play a crucial role in sports training and overall fitness.

Core Learning Outcomes:

- Train in Muay Thai, takraw (kick volleyball), and understand traditional Thai sports.
- Learn modern strength and conditioning techniques in professional gyms and training centres.
- Experience holistic wellness practices, including yoga, meditation, and Thai massage therapy.
- Develop leadership, teamwork, and communication skills through coaching and training sessions.
- Enhance cultural awareness by engaging with international sports settings

Sports Coaching - Fiji

Community Coaching, Youth Development, and National Sports Engagement

This immersive sports coaching programme in Fiji, delivered in partnership with Think Pacific and endorsed by the Fijian government, provides students with an unparalleled opportunity to engage in community sports development, national coaching initiatives, and holistic well-being programmes.

Participants will actively assist in delivering community sports initiatives and youth development programmes, working in both urban and rural settings. This will allow students to understand disparities in access to sports and fitness while supporting grassroots coaching projects that promote healthy lifestyles in local youth.

Students will gain exposure to national-level sports development, with exclusive access to Fiji Rugby Union, Fiji Cricket, Fiji Netball, and Fiji Athletics Association. Through site visits, high-level discussions, workshops, and experiential activities, students will gain insight into how elite and community-level sports programmes are structured in Fiji. Visits to national sports centres and training facilities will provide further understanding of athlete development, coaching methodologies, and sports policy implementation.

Core Learning Outcomes:

- Gain hands-on experience coaching and mentoring youth in sports initiatives.
- Work in urban and rural communities, understanding disparities in sports accessibility and health challenges.
- Engage with public service professionals and charities to explore sports' role in holistic health and well-being.
- Collaborate with national sports organisations, including Fiji Rugby, Cricket, Netball, and Athletics.
- Participate in site visits, workshops, and training sessions at national sports centres and facilities.
- Learn about sports policy, athlete development, and the structure of elite and grassroots sports in Fiji.
- Develop leadership, teamwork, and cultural competency skills essential for careers in sports, fitness, and education

Travel & Tourism - Bali

Exploring Sustainable and Responsible Tourism in Bali

This immersive travel and tourism programme in Bali provides students with first-hand experience in the dynamic and evolving tourism industry, focusing on sustainability, marketing, and community engagement. Through industry visits, hands-on projects, and cultural exploration, students will gain practical knowledge and skills essential for careers in the travel and tourism sector.

A key focus of the programme is responsible and sustainable tourism, with visits to eco-tourism operators, adventure tourism providers, wellness retreats, and community-based tourism projects. Students will engage with social enterprises, charities, local government, and community leaders, gaining insight into best practices for sustainable tourism development.

Participants will apply their learning through a marketing project for the Bali Tourism Association, developing and promoting responsible travel itineraries. Students will also take part in conservation initiatives, including coral reef restoration and plastic reduction projects, reinforcing the importance of environmental stewardship and ethical tourism.

By the end of the programme, students will have developed essential industry skills, gained insight into global tourism trends, and deepened their understanding of sustainable travel practices, preparing them for careers in tourism management, marketing, and hospitality.

Core Learning Outcomes:

- Gain hands-on experience in eco-tourism, adventure tourism, and wellness tourism.
- Learn about sustainable tourism development through engagement with local businesses and organisations.
- Conduct market research and promotional campaigns tailored to Bali's tourism industry.
- Enhance teamwork, leadership, and cross-cultural communication skills in a professional tourism setting.
- Develop a **global perspective on ethical and responsible tourism practices.**

Travel & Tourism - Thailand

Exploring Sustainable and Cultural Tourism in Chiang Mai

A key focus of the programme is eco-tourism and conservation, with visits to leading destinations such as Doi Inthanon National Park, where students will explore biodiversity conservation, sustainable trekking, and environmental protection efforts. A guided visit to an ethical elephant sanctuary will highlight animal welfare in tourism, while a trip to Ban Mae Kampong village will provide insight into community-based tourism and sustainable rural development.

Students will also explore urban tourism in Chiang Mai, visiting the Old City's historic temples, including Wat Phra Singh and Wat Chedi Luang, as well as experiencing the Night Bazaar, a key cultural and commercial tourism hub. These experiences will enhance their understanding of heritage tourism, cultural preservation, and the role of tourism in local economies.

The programme includes a practical marketing project, where students will design and promote sustainable tourism itineraries for Chiang Mai. By conducting market research and field studies, students will develop strategic tourism campaigns and present their ideas to local tourism organisations, gaining valuable professional feedback.

Core Learning Outcomes:

- Gain hands-on experience in eco-tourism, cultural tourism, and community-based tourism.
- Learn about sustainable tourism development through engagement with local businesses and organisations.
- Visit Doi Inthanon National Park, an ethical elephant sanctuary, and Ban Mae Kampong village.
- Explore urban tourism, including historic temples and Chiang Mai's Night Bazaar.
- Develop skills in tourism marketing, environmental stewardship, and cross-cultural communication.

Travel & Tourism - Fiji

Exploring Sustainable and Cultural Tourism in the Fiji Islands

This programme in Fiji provides students with hands-on experience in sustainable tourism, cultural heritage, and hospitality management, with visits to traditional Fijian villages where students will interact with locals, learn about customs, hospitality practices, and cultural preservation, and explore the role of community-based tourism in supporting local economies. A highlight of the experience is a stay at Namosi Eco Retreat, where students will immerse themselves in eco-tourism initiatives, sustainable accommodation, and environmental conservation practices.

Students will also visit coastal resorts and tourism hubs, gaining an understanding of how the industry balances luxury travel with sustainability. Meetings with the Fiji Tourism Board and national tourism organisations will provide insight into destination marketing, tourism strategy, and policy development, giving students a real-world understanding of the business side of tourism.

The programme includes a practical tourism project, where students will develop and present innovative tourism strategies for Fiji's growing market. Incorporating elements of eco-tourism, cultural tourism, and sustainable luxury travel, students will conduct market research, create promotional campaigns, and present their ideas to tourism professionals.

Core Learning Outcomes:

- Gain hands-on experience in eco-tourism, cultural tourism, and sustainable hospitality.
- Learn about Fijian customs, community-based tourism, and cultural preservation.
- Visit Namosi Eco Retreat to explore sustainable tourism and conservation initiatives.
- Tour coastal resorts to understand luxury travel and environmental responsibility.
- Engage with the Fiji Tourism Board and national tourism organisations to learn about destination marketing and strategy.
- Enhance teamwork, leadership, and cross-cultural communication skills.

Contact Us

To explore these vocational areas further or discuss bespoke programmes, please contact:

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